



SUCCESS STARTS HERE.

Sign-up for the MHS Strength and Conditioning summer weight room program.

Dates: Every Monday through Thursday; Beginning Tues. June 9th to July 30th.

Times: 8:30-10:30 a.m. and 6-8 p.m.

Cost: \$25 (9th through 12th grade students).

See Coach Plant (rm. 202) ASAP to get a membership card so you can walk-in and workout without any delays!

